‘Everyone can have a celebrity smile’

By Fred Michmershuizen, Online Editor

In an interview with Dental Tribune, Dr. Emanuel Layliev, director of the New York Center for Cosmetic Dentistry, talks about his high-profile practice in Manhattan, his passion for cosmetic dentistry and how he is able to make a difference in people’s lives — and what it’s like to work with famous celebrities.

Please tell our readers a little bit about yourself and your background.

I am one driven to create healthy, beautiful and memorable smiles, with a sincere focus on the wellbeing of my patients’ outcome, using the most up-to-date and innovative technology producing high-quality results in a compassionate, caring and gentle atmosphere.

As one committed to this, it’s important to be extremely meticulous with special attention to the intricate nature involved in the field of cosmetic dentistry. I have earned noteworthy distinctions in my field. As one committed to this, it’s important to be extremely meticulous with special attention to the intricate nature involved in the field of cosmetic dentistry. I have earned noteworthy distinctions in my field.

I am an active member in local and national professional associations, am currently the president of the New York Academy of Cosmetic Dentistry and am awaiting publication as an author in a cosmetic dentistry textbook on the subject of conservative composite bonding.

I went to New York University for undergrad and graduated from NYU College of Dentistry in 2001. I completed a full year in a hospital general practice residency and worked in multiple practices for five years before settling down to narrow my focus on cosmetic dentistry.

I have been at my practice as a

Maintaining periodontal health may contribute to a healthy respiratory system, according to research published in the Journal of Periodontology. A new study suggests that periodontal disease may increase the risk for respiratory infections, such as chronic obstructive pulmonary disease (COPD) and pneumonia. These infections, caused when bacteria from the upper throat are inhaled into the lower respiratory tract, can be severely debilitating and are one of the leading causes of death.

The study included 200 participants between the ages of 20 and 60 with at least 20 natural teeth. Half of the participants were hospitalized patients with a respiratory disease such as pneumonia, COPD or acute bronchitis, and the other half were healthy control subjects with no history of respiratory disease. Each participant underwent a comprehensive oral evaluation.

Emanuel Layliev, DDS, FAGD, FIADFE, is director of the New York Center for Cosmetic Dentistry. (Photo/New York Center for Cosmetic Dentistry)
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Absolutely! Everyone can have a “celebrity smile” in today’s age. There are various options to enhance. It can range from the dramatic to the ever so slightest change; small changes these days can have great effects. As long as the simple rule of golden proportion is followed, we can create an amazing result by imparting a look of balance and symmetry.

Are there any specific products that you find most useful in helping patients improve their smiles? Which ones? You see, I’m always looking for the best stuff to maintain, protect and preserve natural teeth and dental work. Home care is very important to ensure long-term health. The toothpaste, mouth rinse, toothbrush, floss, among other tools, are all essential; as long as one is compliant and using what will enable him or her to be effective and conscientious.

Companies are always conducting tests to improve products, and with updates in technology, new products arise constantly. We should be mindful to use those that serve the greatest benefit with the least harm.

After gathering data, I find the Dentisse brand to be very effective. With toothpastes, the goal is to create the best-polished surface, without deleterious abrasion, to get the best of both worlds. Dentisse toothpaste is a premier natural non-abrasive paste that contains kaolin clay to produce the benefits.

The Dentisse mouth rinse is wonderful because it’s a clear, alcohol-free, natural rinse with impressive elements. Their lip balm is effective too because it’s not just the mouth, but the lips that are just as important to upkeep in cosmetic dentistry for they serve as the frame.

Is there anything you would like to add? The trend these days is to be as natural and conservative as possible. People are asking for the least invasive procedures, and it’s our job to be skillful in the conservative approach in producing smiles that will continue to impress.